



# DESIGN YOUR SUMMER EXPEDITION

Embark on an Outward Bound summer program to build life skills, intercultural competence, leadership skills, and self-awareness. Two to five-week programs in Costa Rica and Panama available for teens age 14+ from June through August.

## 1 EXPLORE COURSE OPTIONS



### RAINFOREST HIKE & HOMESTAY

- Rainforest Trekking
- Cultural Homestays
- Beach Phase
- Community Service
- Whitewater Rafting

**R**



### CARIBBEAN SCUBA & SERVICE

- Scuba Diving
- Sea Turtle Conservation
- Sea Kayaking
- Sailing Tour
- Additional Activities

**C**



### PACIFIC SURF & CERT EXTENSION

- Surfing
- American Red Cross First Aid & CPR Certification
- Lifeguard Training
- AED Training

**S**

## 2 CHOOSE EXPEDITION LENGTH

Mix and match courses for your desired expedition length. Most students choose a 3+ week program.

5 WEEKS	4 WEEKS	3 WEEKS	2 WEEKS
R + C + S	R + C	R OR C + S	R OR C

\$5,298	\$4,788	\$3,940	\$2,900
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Discounts and scholarships available to those who qualify.

## 3 CHOOSE YOUR DATES FOR 2016

	JUNE		JULY			AUGUST				
	JUN 11 - JUN 25		JUN 25 - JUL 9		JUL 9 - JUL 23		JUL 23 - AUG 6		AUG 6 - AUG 13	
	RAINFOREST		RAINFOREST		RAINFOREST		RAINFOREST			
			CARIBBEAN		CARIBBEAN		CARIBBEAN			
					SURF		SURF		SURF	
5 WEEKS	JUN 11 - JUL 16		JUN 25 - JUL 30			JUL 9 - AUG 13				
4 WEEKS	JUN 11 - JUL 9		JUN 25 - JUL 23			JUL 9 - AUG 13				
3 WEEKS	JUN 25 - JUL 16		JUL 9 - JUL 30			JUL 23 - AUG 13				